



Caregiver Support Group

Presented by:

Alzheimer's Association

Northwest Ohio Chapter

4th Tuesday every month, 3:30pm

The Carriage House of Fisher-Titus Medical Center

175 Shady Lane, Garden Level, Carriage House Entrance
Norwalk

Stephanie Whitt 419-660-2681

Visit www.alz.org/nwohio to learn more about caregiver programs and resources. To further extend your network of support, visit ALZConnected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.