



Walk Team Registration Form

FISHER-TITUS MEDICAL CENTER RACE & WALK FOR HEALTHY HEARTS Summit Motorsports Park 1300 State Route 18 | Norwalk SATURDAY, SEPT. 23 8:30 A.M.

The Fisher-Titus **RACE & WALK for Healthy Hearts** combines a 5K competitive run (*NEW!*) with our traditional non-competitive walk. Participants can support heart health by competing in the 5K RACE or by taking a two-mile walk — both at the exciting Summit Motorsports Park in Norwalk (*also NEW!*). The Fisher-Titus **RACE & WALK for Healthy Hearts** raises awareness and funds to improve the cardiovascular health of our community through heart and stroke education and prevention. The fund also supports hospital programs for heart and stroke patients. All funds are used for local programs and patients.

If you would like to participate in our “traditional” Walk as a non-competitive Walk Team, here’s how you can participate:

- A Team Captain’s role is to recruit co-workers, friends and family members who will raise money for the Fisher-Titus Heart Fund and rally together at the Heart Walk.
- Register your team members by filling in the information below (you can submit as many forms as necessary!)
- Every walker registered by Sept. 15, 2017 will get a free t-shirt. Donation checks should be made payable to: Fisher-Titus Foundation/Heart Fund
- Celebrate your Team’s success by walking on Saturday, Sept. 23. Invite others to walk with you! There will be many fun activities and education opportunities at the event. All are welcome.

Team Captain Name: _____ Phone: _____ E-mail: _____

Team Members:

Name	Shirt Size	E-mail	Phone
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Shirt Sizes: Small, Medium, Large, XL, 2XL, 3XL

Mail to:
Fisher-Titus Medical Center
Marketing Department
272 Benedict Avenue, Norwalk, OH 44857

If you have questions, call Deb Reed at 419-660-2925 or e-mail dreed@ftmc.com